

Year at a Glance

Kristin Cooper ERYT500

KristinYoga.com

WilmingtonYogaCenter.com

Dec 29-Jan 7, 2011

Kunga Journeys India Service Retreat @ Home Of Hope Orphanage,
Kerala India

www.wilmingtonyogacenter.com

Jan 7-Jan 25

Kunga Journeys @ Balinese Orphanage
Ubud, Bali

Feb 18-20

220hr Kunga Yoga Lifestyle & Teacher Training Kickoff Weekend,
Wilmington Yoga Center Wilmington, NC

www.wilmingtonyogacenter.com

Mar 4-6

Rhythmic Flow Yoga w/Kunga Drummers & Teacher Training Immersion

Blue Lotus Yoga Studio. Raleigh, NC

All Levels + 500YA

www.bluelotusnc.com

Mar 9-26

West Coast Tour

Rhythmic Flow Yoga & African Dance w/Masankho Bandha & Loren Gulak
San Francisco & L.A., CA

April 4-13

Public Kunga Yoga Classes

Wilmington Yoga Center, Wilmington, NC

www.wilmingtonyogacenter.com

April 15-17

Teacher Training Immersion

Gotta Yoga Studio, Charlotte, NC

www.gottayogastudio.com

May 13-15

Rhythmic Flow Yoga w/Kunga Drummers

LEAF Festival, Black Mountain, NC

www.theleaf.org

May 20-22

Kunga Yoga & African Dance w/Masankho Bandha & Kunga Yoga Teacher Immersion

Wilmington Yoga Center, Wilmington, NC

www.wilmingtonyogacenter.com

May 28

Kirtan w/Tamal Dodge & Kunga Drummers

Wilmington Yoga Center, Wilmington, NC

www.wilmingtonyogacenter.com

June 2

Rhythmic Flow Yoga w/Kunga Drummers

Carrboro Yoga Company, Carrboro, NC

www.cyco.com

June 3-5

Rhythmic Flow Exploratorium

Gotta Yoga Studio, Charlotte, NC

www.gottayogastudio.com

June 18-25

Santorini Greece Rejuvenation Retreat w/Donna Gardner

Santorini, Greece

www.wilmingtonyogacenter.com

July 11-29

Kunga Yoga 220HR Training - Beach Immersion!

Wilmington Yoga Center, Wilmington, NC

www.wilmingtonyogacenter.com

Aug - TBA

Kunga Vinyasa Immersion & Training-500YA

Wilmington Yoga Center, Wilmington, NC

www.wilmingtonyogacenter.com

Sept 14-18

Kunga Vinyasa Training 500YA

Gotta Yoga Studio, Charlotte, NC

www.gottayogastudio.com

October 7-9

CYCO 200Hr Teacher Training & Rhythmic Flow Yoga Public Workshops

Carrboro Yoga Company, Carrboro, NC

All Levels + 500YA

www.cyco.com

Oct 21-23

Rhythmic Flow Yoga w/the Kunga Drummers

LEAF Festival, Black Mountain NC

www.theleaf.org

Oct 28-30

Kunga Yoga Mountain Rejuvenation Retreat w/Donna Gardner

Prama Institute, Asheville, NC

www.wilmingtonyogacenter.com &

www.pramainstitute.org

Nov 25-27

Kunga Vinyasa Detox Weekend

Wilmington Yoga Center, Wilmington, NC

www.wilmingtonyogacenter.com

Dec 29-Jan 7, 2012

Kunga Journeys Thailand Benefitting Vieng Ping Orphanage

Chiang Mai, Thailand

www.wilmingtonyogacenter.com

